

OUCCC Annual General Meeting Minutes

Sunday 4th March 2018

Location: 90 High Street Lecture Room, University College

Chair: Luke Cotter

Attendees: Luke Cotter (LC), Rachel Skokowski (RS), Oliver Paulin (OP), Cecilie Andersen (CA), Rachel Parlour, Tilly Woods (TW), Leonie Glasson, Eleanor Bolton, Anna Sharp (AS), Charlotte Dannatt, Natalie Beadle, Noah Hurton, Connie Hurton, Alex Gruen, Alex Bampton, William Christofi (WC), Aidan Smith (AS), Connor McGurk, Miles Weatherseed, Tom Fabes (TF), Sam Brown Araújo, Joel Spratt, Kirk Smith, Liam Smith (LS), Isabelle Scott, Kim Horner, Dani Chattenton (DC), Floren Scrafton, Libby Brown (LB), H  l  ne Greenwood (HG), Hannah Plaschkes, Yee Kwan Law, Kathy Peters, Alice Bruce, Laura Kn  rr, Lucy Adams, Anna Broughton, Aurelija Ippolito, Eleanor Hilton, Jenny Milne, Sam Garfoth, Joe Woods (JW), Matt Proctor, Christian Smith, Jasper Hajonides van der Meulen, Tim Harrison, Rahil Sachak-Patwa, Tom Lamont, Joe Bowness, Miles Chandler (MC)

1. Call to order: 18:35
2. Apologies: Claire Hammett, Luuk Metselaar, Darrion Mohan, Jamie Parkinson, Jack Millar, Dan Mulryan
3. Approval of minutes from last meeting: Minutes approved
4. Reports
 - a Women's Teams: transcript attached to minutes
 - b Men's Teams: transcript attached to minutes
 - c Treasurer: transcript attached to minutes
 - d Compliance: transcript attached to minutes
5. Awarding of Club Colours
 - a Club colours are awarded for distinguished contribution to OUCCC, normally over a number of years, or for outstanding performances of Full-Blue standard outside of the Varsity Match.
 - b Awarded to LB and JW.
6. Motions
 - a Monetary: None
 - b Constitutional: None
 - c Other
 - i Election of LC and RS to life membership of OUCCC (proposed by OP and seconded by AS).
 - ii Motion Passed.

7. Elections (Husting followed by questions from the floor)

a Club Captain

i Helene Greenwood

- 1 Believes every member is equally important and valuable to club
- 2 Has had 3 different Varsity experiences (finishing last on losing Blues team, scoring and winning Blues, scoring on 2nds team) so can empathize with different members
- 3 Will have more time next year, no tutes/lectures, just working on 4th year Chemistry research project
- 4 Wants to focus on mental as well as physical aspects of running, would organize sports psychologist talk
- 5 Would set up termly race tactics mtg with Kyle
- 6 Would organize a nutrition talk for men and women
- 7 Would increase accessibility to S&C
- 8 Wants to start an OUCCC cross training fb group
- 9 Would focus on more gender integration in socials and club runs, would create inter-gender group chat
- 10 Would organize running weekend in the spring like Cambridge's
- 11 Has past committee experience as women's captain, Atalanta's secretary, is friendly & approachable
- 12 *LC: Do you have exams in Trinity?*
HG: Have exams in 6th-7th, but would coordinate with committee to make sure someone was always at sessions
LC: How would you make S&C sessions more available?
HG: Look into renting out college gyms, could bring back OUAC style circuits
- 13 *WC: Do you think gender integration will be solved by inter-gender group chats or do you need to do more than that?*
HG: Would set up structured runs for men/women of the same pace, thinks group chats would gradually gather momentum
- 14 *DC: Do you have any ideas for September training camp?*
HG: Has already started looking into places, would be keen to go back to the Lake District, or the Peak District, anywhere suitably hilly. Will organize over Easter vac
- 15 *MC: Will you be available for lunchtime sessions?*
HG: has already spoken to supervisor, would be able to take lunchtimes off one day a week.
- 16 *AS: What is the biggest failure of this year's committee?*
HG: Gender segregation, some cliques/separation between different groups. Excessive choice of Wytham for Sunday long runs.

ii Oliver Paulin

- 1 Wants to build on this year's incredibly strong year
- 2 OUCCC is the highlight of his time at Oxford
- 3 Past committee experience as secretary and kit rep
- 4 Organized, hardworking
- 5 Following in the footsteps of LC: would prioritize running over degree
- 6 Developing new skills: learning how to use a stopwatch

- 7 Would focus on continuity over change
- 8 Wants to keep 2 sessions/week, Monday drills, would try to make new gym equipment available
- 9 Would encourage more participation in track
- 10 Would target BUCS more heavily after Varsity
- 11 Wants to increase integration between men and women and incorporate more non-drinking socials
- 12 *LS: Where are you in your degree?*
OP: Next year is not an increase in workload, has exams, but not any more than in previous years
- 13 *AS: How would you improve our relationship with OUAC?*
OP: Would focus more on track, try to have more OUCCC/AC socials. Thinks clubs are reasonably close right now
- 14 *LC: How would you get people to do track?*
OP: Would push Watford meets, encourage people to run 3k at Varsity, would advertise track races better
- 15 *RS: How would you handle responding to emails?*
OP: Working on it
RS: How would you cater to the more social/beginner side of the club?
OP: Would go on more club runs
- 16 *MC: Do you have any ideas for training camp?*
OP: Not in the Midlands. Would look at locations in the South, maybe New forest, his parents are moving there so could scout locations
- 17 *WC: What do you think is the role of club captain in influencing training vs. the coach?*
OP: Would always take Kyle's advice, the captain's role is to communicate between Kyle and team
- 18 *LB: What are your thoughts on the OUCCC Mascot, and would you order the Yeti from Hong Kong?*
OP: Could look into the development fund. Keen on turtle.
- 19 *DC: How would you deal with pastoral side of the role, such as helping people with injuries?*
OP: Would talk to Kyle and individuals, try to get people to coordinate cross training sessions
- 20 *AS: Biggest failing of this year's committee?*
OP: The new OUAC subs systems, only agreed as temporary measure and would want to revisit. Doesn't think we need a separate OUCCC membership, but the OUAC & OUCCC one is very expensive
- 21 *JW: Would you build a hot tub at Exeter-Hertford?*
OP: Would look into if that's something we can do
- 22 *TF: Have we done Wytham too much?*
OP: Defends Wytham, thinks it's a result of doing Shotover a lot in Michaelmas

iii Helene Greenwood elected as Club Captain

b Alternate Gender Captain

i Oliver Paulin

ii OP elected as Men's Captain

c Treasurer

i **Tilly Woods**

- 1 Has enjoyed being Vice-Captain this year and wants to continue helping out.
- 2 Is a mathematician so can do numbers.
- 3 Wants to set up a female discussion group.
- 4 *LC: Thoughts on subs?*
 - a Quite a complicated system.
 - b Pressures people into choosing the expensive membership option early due to fear of missing out.
 - c Should make it clear that membership option can be changed.
- 5 *IS: Should we contribute to BUCS Indoor hotel costs?*
 - a Maybe, depends on budget.
- 6 *WC: Are you a pushover?*
 - a No, would work with OUAC to find a solution.
- 7 *AS: Which races would you prioritise spending on?*
 - a BUCS and Varsity
- 8 *LC: How much would you charge for BUCS?*
 - a Unfair to expect everyone to have to contribute for extras such as after party, but would hope to keep roughly the same.
- 9 **TW elected as Treasurer.**

d Secretary

i **Libby Brown**

- 1 Has been on the committee for the past two years and will have more time next year, so wants to help out more.
- 2 Very organised- organises MW's life for him.
- 3 Not the best runner but this isn't necessary as the club is for everyone. Always turns up to support and wants to get people involved.
- 4 *LC: How fast would you do minutes?*
 - a Faster than they've been done this year^[1].
- 5 *AS: How much humour would be in your minutes and would you circulate them?*
 - a They would be to the point with a few jokes.
 - b Would send out a summary of meetings to whole club.
- 6 *WC: Very long question, but in short- Are you the glue that holds the club together?*
 - a Most people know me. I am friendly and approachable.
- 7 *JW: OP would not let me do the minibus test, will you?*
 - a Yes.
- 8 **LB elected as Secretary**

e Women's Vice-Captain

i **Charlotte Dannatt**

- 1 Has had a very enjoyable experience so far with OUCCC.
- 2 Is approachable and organised.
- 3 Want to emulate TW, and support HG as captain.

- 4 *LC: Do you have experience organising trips?*
 - a Organised running club at school.
- 5 *WC: What has surprised you about OUCCC?*
 - a Great having people own age to train with and go on easy runs together.
- 6 *LC: How would you encourage new people to come to training sessions?*
 - a Might be hard at first, but should get easier with time.
- 7 *MC: What would you do if we lost an athlete at BUCS?*
 - a Would be stressed.
 - b Would try to make contact then the stay behind to find them.

ii **Floren Scrafton**

- 1 Has had a great first year and wants to be involved more.
- 2 Wants to improve team cohesion and get more people cross training.
- 3 *LC: Do you have experience organising trips?*
 - a Organised an event for athletes racing in Madrid.
- 4 *WC: What do BUAC do better than OUCCC?*
 - a Get more excited for races like BUCS.
- 5 *LS: What would be your ideas for cross training?*
 - a Make a facebook group for coordinating doing it together.
 - b Work on injury prevention through stretching and rolling.
- 6 *ASh: What do you think about doing Yoga sessions?*
 - a Would be a good idea.
- 7 *RS: How would you balance catering for high level runners against more social runners?*
 - a Happy to give advice for all levels.

iii **Floren Scrafton elected as Women's Vice-Captain**

f Men's Vice-Captain

i **Liam Smith**

- 1 Spent 3 years on Imperial's committee and was club president.
- 2 Organised race entries.
- 3 Likes looking at race results
- 4 *LC: How would you get the fastest runners to do Cuppers?*
 - a MK matters more but would make it clear that it does matter for selection.
- 5 *WC: Does everything, including training, count for selection purposes?*
 - a Training would be considered, but the priority would be performance in races.
- 6 *MC: What would you do if we forgot the cheque book to pay for the MK entries?*
 - a Knows the guy (Mick Bromilow)
 - b Would contact organiser to explain the situation, but would not pay personally.
- 7 *LC: How would you encourage people that are just getting into running?*
 - a Would chase people up to get them to come to training.
 - b Organise more socials.

ii **Alex Gruen**

- 1 Was drafted into the Vice-Captain role partway through this year, want to do it properly.
- 2 Keen to help out the captain.
- 3 Enjoys training sessions and loves racing
- 4 *LC: How would you get more people to do Cuppers?*
 - a Would push the two races more strongly.
 - b Just doing one race would be 'dicey'. MK course is not like Varsity.
- 5 *MC: Are you planning to run for the OUAC committee, and if so how would you balance these commitments.*
 - a Yes, but the two clubs would need more time at different times of the year.
 - b Currently Housing Officer at Balliol, but will stop doing that so will have more time.
- 6 *MC: How will you balance this with work?*
 - a Maths doesn't really matter.
- 7 *WC: Both captains are doing finals in TT, will you be able to help them out?*
 - a Really keen to help out.
 - b Also helping with Iffley Miles.
- 8 *LC: What else could you do as a Vice-Captain?*
 - a Could be more visible in freshers' week.

iii **Joe Woods**

- 1 Have been running for 10 years, and have been rubbish for 9 of them, often coming last in races.
- 2 Bit mad.
- 3 Was mob match captain with LB this year, and won both mob matches convincingly.

8. Adjournment: 19:38

Oliver Paulin, 16/01/18